



Secured!

BIBLE STUDY
LESSONS

CELEBRATING
MY GOD-GIVEN IDENTITY



TAYO TAYO!

Klaro Kay Lord ang Gender

TeenDIG! Tayô Tayo Series

TeenDIG! means **Teens Daring to Ignite for God!** — a movement TeenDiG! Campaign Overview

TeenDiG! = Teens Daring to Ignite for God!

TeenDiG! is more than a hashtag — it's a movement.

A call for this generation to live loud for Christ sa gitna ng culture na confused sa truth at sanay sa compromise.

It's about teens who dare to shine — sa choices nila, sa love life nila, sa daily life nila.

Here, faith is not boring — it's brave.

To stand firm when others give in.

To live with passion that honors God.

To influence with real, authentic faith.

The **TeenDIG! Tayô Tayo Bible Study** lessons are part of this movement — safe, honest

spaces kung saan puwedeng magtanong, magtapat, at matuto kung paano sundan si God sa usapang relationships, emotions, at sexuality.

Because God's design for love isn't "old school" — it's life-giving, freeing, and worth standing for.

Secured: Celebrating My God-Given Identity

Tayô Tayo: Klaro Kay Lord ang Gender

Let's be honest — ang daming "versions" ng truth ngayon.

The world says, "Be whoever you feel."

God says, "Be who I created you to be."

And in between those voices, and all the noise of social media,

ang daming kabataang nalilito — sa identity, sa gender, sa worth.

But here's the real talk: **clarity doesn't start with culture — it starts with Christ.**

Tayô Tayo: Klaro Kay Lord ang Gender isn't about judging or shaming anyone.

It's about helping you understand that God's design is good — and so are you.

You were made with purpose, not by accident.

In this 8-lesson series, we talk about real questions like:

- What does it mean to be created male and female in God's image?
- Why do feelings sometimes not match faith?
- How do I show compassion without compromising truth?
- How can I be confident in who God made me to be?

This journey isn't about fitting into a label — it's about finding security in the love of the One who made you.

Because when you're grounded in God's truth, you don't have to chase validation from the world.

Klaro kay Lord ang design mo.

At kapag malinaw sa 'yo kung sino ka kay Christ,
you can walk in confidence, love others with
grace,
and help your generation see that God's truth
still sets people free.

So tara — tayô tayo sa liwanag,
secured in truth, shaped by grace,
and celebrating the identity na binigay ni Lord
mismo.

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Lesson 1

Born for More — Not Just How You Feel

Identity isn't discovered by trends — it's designed by Truth.

“So God created mankind in His own image, in the image of God He created them; male and female He created them.” — Genesis 1:27

“Who Am I... Really?”

Let's be real — sometimes mas madali pang pumili ng filter kaysa alamin kung sino ka talaga.

In a culture full of labels, pronouns, and ‘choose-your-own-identity’ vibes, it's easy to get lost.

“Am I weird? Broken? Different?”

Pero here's the truth: You are not what you feel; you're who God designed.

Dr. Mark Yarhouse, a Christian psychologist who studies gender and sexual identity, explains that identity has three layers: biological sex, gender identity, and spiritual identity. Our feelings may shift, but our created design and our calling in Christ remain steady (Yarhouse 2015, pp. 25-27).

“You’re not a problem to be solved — you’re a purpose to be lived.”

ANO DAW?

“Feelings Are Real, But They’re Not the Boss”

Feelings are valid — pero hindi sila pwedeng maging foundation ng identity mo.

According to the Philippine Mental Health Association (2022), teens who base self-worth mainly on emotions and online validation report higher confusion and anxiety.

Feelings tell you what’s happening inside, pero they can’t decide who you are.

That's why the fear of the Lord — respect and trust in God's wisdom — is the start of clarity. Proverbs 9:10 says, "The fear of the Lord is the beginning of wisdom."

When you let God's truth lead, your feelings find peace.

Yarhouse notes that Christ-centered identity brings integration — your biological body, your emotions, and your faith begin to align under God's love rather than conflict (2015, pp. 38-39).

REAL TALK

"Born This Way? Or Born for More?"

Culture says: "Follow your heart."

But truth says: "Guard your heart." (Proverbs 4:23)

- Feelings change.
- Trends fade.
- God's Word remains.

Being male or female is not a mistake — it's a mission.

You were created to reflect God's character — strength, compassion, and creativity that work together.

Even if you've wrestled with gender questions or attraction, God doesn't cancel you; He calls you closer.

Yarhouse reminds believers to walk with “convicted compassion” — holding firm to biblical truth while showing deep empathy to those in conflict (2016, p. 59).

“The world says define yourself; God says discover who I made you to be.”

GOD TALK:

“Image Bearers, Not Identity Builders”

Genesis 1:27 teaches that our identity is received, not achieved.

You don't have to invent yourself — you get to reflect your Creator.

Being “male and female” is a good gift that shows the full range of God’s image:

- Strength and gentleness
- Logic and love
- Action and affection

When sin entered, our view of self got distorted — pero hindi nawala ang value.

Through Jesus, that image is restored.

He gives clarity where culture gives confusion, and peace where pressure gives fear.

“In Christ, your true identity isn’t just fixed — it’s fulfilled.”

REFLECTION QUESTIONS

- What voices influence how you see yourself — social media, friends, faith, or feelings?
- How does it change your confidence to know that God designed your identity on purpose?

- What would it look like to honor God with your body and identity this week?

IGNITE CHALLENGE

#KlaroKayLordWeek

For seven days, write a sentence that starts with:
“Who I am in God is...”

Examples:

- “Who I am in God is chosen, not confused.”
- “Who I am in God is designed, not random.”

Post one line with **#KlaroKayLordWeek** or share privately in your journal.

PAG-ASA AT PAGBANGON

“Clarity Starts in the Creator”

When you feel lost, don’t scroll for labels — seek the Lord.

When you’re unsure who you are, look at Whose image you bear.

God made you on purpose and for purpose.

“The closer you walk with the Creator, the clearer your identity becomes.”

ENDING PRAYER

“Lord, thank You for making me wonderfully and with purpose.

Even when I feel confused or pressured by what the world says, remind me that You define me.

Teach me to walk in truth and grace, secured in Your design.

In Jesus’ name, Amen.”

References

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